

Traveller Information Sheets



Chikungunya

What is Chikungunya?

Chikungunya is a viral disease transmitted to humans from infected mosquitoes. There is no cure, only treatment of symptoms.

What are the symptoms of Chikungunya?

- Abrupt onset of fever
- Joint pain
- Muscle pain
- Headache
- Nausea
- Fatigue
- Rash

Joint pain is often very debilitating and usually lasts for a few days. It may be prolonged to weeks

Where is Chikungunya found?



Is there a vaccination for Chikungunya?

Currently there is no vaccination.

How can I prevent Chikungunya?

1. The use of an insect repellent containing DEET or Picaridin.
2. Wearing long, light coloured, loose clothing. Dark colours attract mosquitoes.
3. Avoid wearing any strong perfume.
4. If accommodation consists of backpacker or hostel or tent, the use of a mosquito net impregnated with Permethrin is advised.
5. Washing clothes in Permethrin solution prior to travel.
6. Remain in well screened / air conditioned areas.

Reference

World Health Organisation 2014, Geneva Switzerland, viewed 15th April 2014, <<http://www.who.int/mediacentre/factsheets/fs327/en/>>